

**Aim:** The Genesis record is very specific about creation taking one week, and the creation week is also referred to in the 4<sup>th</sup> Commandment.

Look at the quiz, either individually or in groups.

Did you notice that days, months and years are related to the movements of the sun moon and earth? But weeks are not – **Do you know where we go our weeks from?**

The first person to use a 7 day week was of course God, when He created the world.

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People who don't believe in God, who believe in evolution, will tell you that the earth took millions of years to form, and even some people who say they believe in God, think that God didn't create in one week, but that maybe creation took 7 years, or 7000 thousand years or maybe even 7 million years. Today we're going to have a closer look at what the Bible says.

**Read what the Bible says at the end of each day, Genesis 1:5b, 8b, 13, 19, 23, 31b.**

Not only does it say "the 1<sup>st</sup> day, the 2<sup>nd</sup> day, the 3<sup>rd</sup> day" etc. It also makes a point of saying there is an evening and morning for each day. So that's two different ways of saying when each day has passed.

At the beginning of the world, God created the week and made the Sabbath as a special ending to each week, and He reminded us about it again when He gave the 10 commandments.

**Read the 4<sup>th</sup> Commandment in Exodus 20:8 and 11.**

**Is there anyway you could get confused about how long a week is? Could you say that a week was really a few years?**

So, since the Bible clearly says that the earth was created in a week, is there anyway that could be years or thousands or millions of years?

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The last book of the Bible, Revelation is filled with symbols – things that teach about other things and when the book of Revelation talks about a day, it is really talking about 1000 years! Some people say that perhaps the story of creation is the same, perhaps each day really represents 1000 years; but there are many problems with this AND, when people start to not believe part of the Bible (we say they "throw out" part of the Bible) – they soon have to "throw out" more and more until there is nothing left for them to believe. Creation is critical to the Sabbath and the Sabbath is critical to the story of Salvation.

Did you notice last week how God created the plants before He created the sun? Plants need sunlight to live. Have you ever seen a plant left in the dark; or seen what happens to grass if something covers it for a long time?

If each day represented 1000 years so that Creation and Evolution could both be true, then 5000 years would have passed before Adam was created – Evolution says that's 5000 years of things living, dying and being buried, yet the Bible says that it was Adam's sin that brought death to this world. **Read Romans 5:12**

The Sabbath was first kept at Creation – Genesis 2:1-3


The Sabbath is one of the Ten Commandments and is liked to the Creator – Exodus 20:8-11


Jesus kept the Sabbath when He was on earth – Luke 4:16


We will keep the Sabbath in heaven – Isaiah 66:22-23


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As I've said before, we weren't there when the earth was created; we have to believe either what God says about creation or what Satan says. But even today, we can still see that we have things left over from creation, things like having weeks, and for those of us who go to Church, having Sabbaths. Sabbath is a special time to remember that God created the world in 6 days and that He rested on the first Sabbath and made it special; and when Jesus died on the cross, He rested on the Sabbath day again and saved us.


 The earth spins around once every \_\_\_\_\_


 7 \_\_\_\_\_s in a \_\_\_\_\_

 There are approximately 4 \_\_\_\_\_s in a \_\_\_\_\_


 The moon orbits the earth in approximately one \_\_\_\_\_


 There are 12 \_\_\_\_\_s in a \_\_\_\_\_


 The earth orbits the sun in one \_\_\_\_\_


 The earth spins around once every \_\_\_\_\_


 7 \_\_\_\_\_s in a \_\_\_\_\_


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